

## Attachment C: Community Support Team Training Requirements as of January 1, 2011

Time Frame	Training Required	Who	Total Minimum Hours Required
Within <b>30 days</b> of hire to provide service	<ul style="list-style-type: none"> <li>▪ 3 hours CST service definition required components</li> <li>▪ 3 hours of crisis response</li> </ul>	▪ All Staff	6 hours
	<ul style="list-style-type: none"> <li>▪ 3 hours of PCP Instructional Elements</li> </ul>	<ul style="list-style-type: none"> <li>▪ CST Team Leaders</li> <li>▪ QPs responsible for PCP</li> </ul>	3 hours
Within <b>90 days</b> of hire to provide this service, <b>or by March 31, 2011</b> , for staff members of existing providers	<ul style="list-style-type: none"> <li>▪ 13 hours of Introductory Motivational Interviewing* (MI) (mandatory 2-day training)</li> <li>▪ 12 hours of Person Centered Thinking</li> </ul>	▪ CST Team Leaders	25 hours
Within <b>90 days</b> of hire to provide this service, <b>or by June 30, 2011</b> , for staff members of existing providers	<ul style="list-style-type: none"> <li>▪ 13 hours of Introductory Motivational Interviewing* (MI) (mandatory 2-day training)</li> <li>▪ 12 hours of Person Centered Thinking</li> </ul>	▪ All Non-Supervisory CST Team Staff	25 hours
	<ul style="list-style-type: none"> <li>▪ To ensure the core fundamental elements of training specific to the modality** selected by the agency for the provision of services are implemented a minimum of 24 hours of the selected modality must be completed.</li> </ul>	▪ All CST Staff	24 hours
	<ul style="list-style-type: none"> <li>▪ All supervisory level training required by the developer of the designated therapy, practice or model with a minimum of 12 hours must be completed.</li> </ul>	▪ CST Team Leaders	12 hours
<b>Annually</b>	<ul style="list-style-type: none"> <li>▪ Follow up training and ongoing continuing education required for fidelity to chosen modality** (If no requirements are designated by developers of that modality, a minimum of 10 hours of continuing education in components of the selected modality must be completed.).</li> </ul>	▪ All CST Staff	10 hours**

\* Motivational Interviewing training must be provided by a Motivational Interviewing Network of Trainers (MINT) trainer.

\*\*Modalities must be ONE of the following: Cognitive Behavioral Therapy, Trauma Focused Therapy, and Illness Management and Recovery (SAMHSA Toolkit).

### **Total hours of training for the CST staff:**

▪ CST Staff other than the Team Leader and QPs responsible for PCPs – **31 hours plus required hours for selected model**

▪ QPs responsible for the PCP – **34 hours plus required hours for selected model**

▪ Team Leader – **34 hours plus required hours for selected model and supervisory training requirement**

AND

Annually, all CST staff must have a **minimum of 10 hours** of training (**more** if fidelity to the model requires it)